

Family Ministry Life Group Curriculum

MAY 2026 - DISCIPLESHIP Week 1

In your meetings this month, you'll be using these discussion guides that revolve around discovering what it means to make disciples of Jesus.

This discussion guide can also be found on www.tsf-church.com. on the Family Resources page. Please follow this discussion guide so your group can get the most out of the session each time you meet!

WEEK 1- What is a disciple?

1- What does it mean to make disciples? What is a disciple? Of all the things that Jesus code have told us to do just before he left earth in the Ascension, why would he make that the purpose and direction of the Church? (ref. Matthew 28:16-20)

2- Why is it important that Matthew included "but some doubted" in his account of this moment? What might that tell us about our own work at making disciples?

3- Who were the disciples in the New Testament? How did they become disciples? What is different about their "discipleship" and what it means for us to be disciples; what do we have in common with them?

4- We need to clarify what it means to be a disciple. Read Mark 1:17 together. What does this text tell us about what it means to be a disciple?

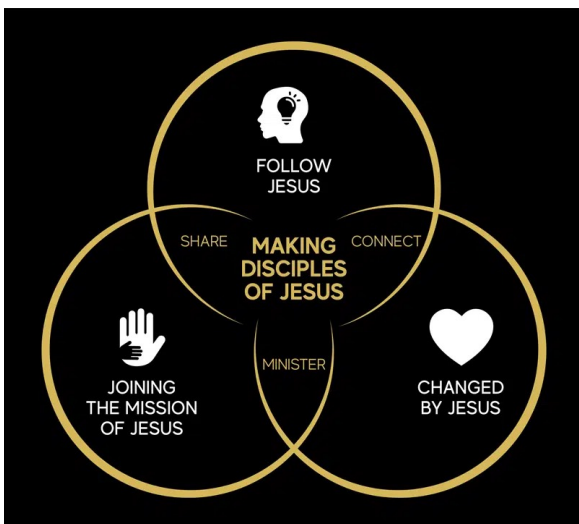
5- Discipleship certainly carries with it a lot of depth and complicated issues, but its also simple, clear and pure. From the Mark verse, we can distill three simple elements of what Jesus intends for those who follow him: "Follow me and I will make you fishers of men."

He follows Jesus.

Jesus changes him.

He commits to the mission of Jesus

6- Let's spend some more time on each of these foundational aspects of being a disciple. What does it mean to follow Jesus? What does it mean that Jesus changes us? What is the mission of Jesus?



7- The diagram from Bobby Harrington on discipleship.org reveals more about what it means to be a disciple. Following involves the head- why; how? Changed involves the heart- why; how? Mission involves hands- why; how? What does it mean to connect? To minister? To share?

8- Read Luke 9:57-62. Is being a disciple optional for a believer? Can you be a believer in Christ and not his disciple? What is Jesus trying to communicate in this text?

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MAY 2026 - DISCIPLESHIP Week 2

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WEEK 2- What does it take to make a disciple?

- 1- If someone asked you for a step by step guide to making disciples, what would you include? Any good recipe has an order in which ingredients are added, so in what order would you do those actions?
- 2- Read Matthew 28:18-20. What tools did Jesus give us to make disciples?
What role do teaching and obedience play in discipleship?
- 3-What might be the core teachings you would want to give to a new believer/follower of Christ? Why would those be most important?
- 4- There is some aspect of making disciples that would include the maturity of the discipler. How can you insure that you're growing in your walk with Jesus, knowledge of Scripture, doctrinal understanding, lifestyle, etc, so that you could disciple someone else?
- 5- We often think of teaching as being in a classroom or dispensing knowledge and information. Read Philippians 3:17 and discuss what it says about other ways we teach disciples.
- 6- Erik Raymond wrote an article for The Gospel Coalition entitled, "The 15 Ps of Discipleship." We won't recount all of them here, but we want you to discuss these crucial elements of making disciples: which ones do you need to start to implement as a discipler? Who, outside of your biological family, are you discipling and how can you use these principles in that relationship?
 - Prioritize- discipleship doesn't happen by accident. Make it a central part of your life.
 - Pray- ask God to connect you with someone to disciple.
 - Prepare- don't stress about being perfect, but make sure you're pursuing God and holiness.
 - Partner- who can you work with to disciple others? It can be better in a small group, rather than 1-1.
 - Presence- consistency is key. Show up and stick to it even when it's hard.
 - Practical- live out what it looks like to follow Jesus with them. Knowledge AND application.
 - Point to Christ- any wisdom you share needs to be focused on Jesus not your effort or ingenuity.
 - Persevere- look at the long term investment for a long term return- don't give up!
 - Purpose- live on purpose. Get a disciple on purpose. Start on purpose. Walk toward Jesus together!
- 7- Who will you do this with? If you feel as if you're too young or inexperienced to do this, you are likely incorrect! Start in a kids classroom at TSF. Serve with Sanctus or Refuge. Connect with Pastor Wes or Pastor Joe about others who are likely looking for someone to disciple them. This is THE call to the church-go, make disciples! So who will you disciple? Discuss now with your group and determine a plan together!