





## WEEK 1: IDENTITY 2 CORINTHIANS 5:17

"Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

### **Family Focus:**

Talk about what it means to be a new creation in Christ.

### **Practice Idea:**

Each family member says the verse before dinner each night.

### WEEK 2: TRUST GOD PROVERBS 3:5-6

"Trust the Lord with all your heart, and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

### **Family Focus:**

Share one area where you need to trust God more.

#### **Practice Idea:**

Write the verse on sticky notes and put them in places like bathroom mirrors, the fridge, or in the car.

# WEEK 3: LOVE OTHERS JOHN 13:34

"A new command I give you: Love one another. As I have loved you, you must love one another."

### **Family Focus:**

Brainstorm ways to show Christ-like love to classmates, coworkers, family, and friends.

### **Practice Idea:**

End each day by having one person start the verse, and another person finishes it.

# WEEK 4: STRENGTH PHILIPPIANS 4:13

"I can do all things through Him who gives me strength."

### **Family Focus:**

Share examples of times when you needed God's strength.

### **Practice Idea:**

Make it a challenge – who can say it the fastest, backwards, or with funny voices to help cement it to memory.