

Family Ministry Life Group Curriculum

OCTOBER - Prayer Week 1

Each week that your Life Group meets, we want you to review 1 session from a RightNow Media teaching from JD Greear called “Just Ask”.

Open your RightNow media app or the web version, sign in with your credentials, and search Just Pray by Greear.

This discussion guide can also be found on www.tsf-church.com.

Please follow this discussion guide so your group can get the most out of the session each time you meet! On week 1, you’ll watch the video for session 1 and use this discussion guide.

RightNow Media

“Just Ask”

JD Greear

WEEK 1- Video 1

“Why we don’t pray”

1- What are some things that can grab your attention during the day and distract you? Good or bad things??

2- What are some ways that prayer is difficult for you?

WATCH THE VIDEO NOW

3- Read John 15:5. In what way is a vibrant prayer life connected to being in unity with Christ? Why should a bland prayer life concern you?

4- Read Luke 11:1-4. Why did the disciples ask Jesus to teach them how to pray? What can you learn from the prayer that Jesus used to teach them how to pray?

5- What are the 3 main reasons why Greear said we neglect prayer? Which ones do you identify with, and how has it affected your prayer life?

6- Read Luke 11:5-13. What part of this story do you most relate to? What do you learn about prayer from this passage??

7- What is a prayer that you have prayed for a long time and haven’t received an answer to? How has it affected your faith and/or prayer life?

8- Think about how your prayer life has grown stagnant, and let’s discuss some ways you might be able to build some energy and excitement into your prayer life.

9- Before we meet again, look at these passages: Luke 3:21; 5:15–16; 6:12; 11:1; 22:39–46; 23:33–34, 46. What new truths did you learn about prayer, and how might you incorporate what you’ve learned into your own prayer habit?

Wrap up any other discussions about prayer from this session. Pray with and for one another in small groups.

Family Ministry Life Group Curriculum

OCTOBER 2025 - Prayer Week 2

Each week that your Life Group meets, we want you to review 1 session from a RightNow Media teaching from JD Greear called “Just Ask”.

Open your RightNow media app or the web version, sign in with your credentials, and search Just Pray by Greear.

This discussion guide can also be found on www.tsf-church.com.

Please follow this discussion guide so your group can get the most out of the session each time you meet! In week 2, you’ll watch the video for session 2 and use this discussion guide.

RightNow Media

“Just Ask”

JD Greear

WEEK 2

“How to pray”

1- Recap Week 1. We discussed the difficulties that often plague our prayer lives, the persistent prayer practices of Jesus, and the pattern of prayer we learn from the Lord’s Prayer. As the LG leader, discuss any one of the passages listed at the end of the Week 1 study and tell the group what you discovered from that verse for your prayer life.

2- What are some strategies you have already used to keep your prayer life on track? What has helped and what has not worked for you?

WATCH THE VIDEO NOW

3- Read Matthew 6:5-8. How has your prayer life looked like the prayers of the Pharisees or Gentiles?

4- Read Matthew 6:9-13. What might happen to your prayer life if you imagined God as your loving Father?

5- How often do you think about God’s plans and desires when you pray? What would it look like in a specific way for you to submit your desires or needs in prayer to the larger, often unseen, purposes of God?

6- When was the last time you needed to forgive someone? How did that influence your prayers, or how does your prayer life need to change to incorporate forgiveness?

7- Read 1 Peter 5:6-7. In what ways does God's resistance to pride need to influence your prayer life? What might humility look like in your prayers?

8- What does it look like to be completely honest with God? What hinders you from approaching him like that?

9- Take time as a group to pray through the Lord's Prayer, line by line, even personalizing it as much as you can.