



JESUS FOR EVERYONE

THE BOOK of LUKE

Sermon Title

Scripture Verse

Luke 6:1-5 NIV

One Sabbath Jesus was going through the grainfields, and his disciples began to pick some heads of grain, rub them in their hands and eat the kernels. ² Some of the Pharisees asked, “Why are you doing what is unlawful on the Sabbath?”

³ Jesus answered them, “Have you never read what David did when he and his companions were hungry?”



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Luke 6:1-5 NIV

He entered the house of God, and taking the consecrated bread, he ate what is lawful only for priests to eat. And he also gave some to his companions.”⁵ Then Jesus said to them, “The Son of Man is Lord of the Sabbath.”



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- **Jesus is confronting misunderstandings and abuse of the Sabbath day.**
- **What is the purpose of the Sabbath rest for us?**
- **Why is it so hard for us to rest?**
- **Jesus is living out what he has taught about himself for Isaiah 61- he has brought the year of Jubilee.**
- **It's time to give people a “do over”, a fresh start.**



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- **Jesus really drives home by saying he's the Lord of the Sabbath.**
- **He will use God's rest the way he wants to and he will give it to those who follow him.**
- **This is more than just weekend or Sunday rest; its about establishing rhythms of rest for every part of your well being.**
- **Contemplative- inner life; worship of God; Scripture; devotional life (includes Sunday!)**
- **Recreational- not too much time or money as that is exhausting; activity that restores.**
- **Aesthetic- enjoy things in God's creation that are beautiful.**



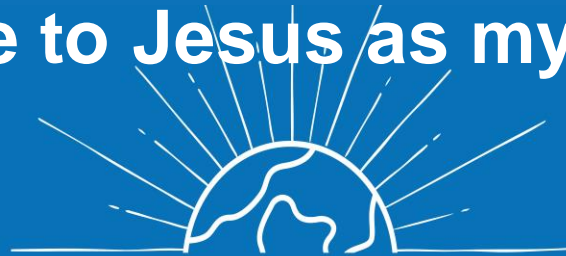
JESUS FOR EVERYONE

- **This says so much to us about our work.**
- **Anyone who overworks is a slave; anyone who cannot rest is a slave.**
- **Enslaved to a need for success, things, employers, expectations of others.**
- **They abuse you unless you regularly practice Sabbath rest.**
- **The really sneaky thing about these masters is they let you think you're the master!**



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- This is why we preach the Gospel to ourselves daily.
- The only way to truly rest is to truly rest in the finished work of Jesus!
- “I have value, meaning, and purpose because I belong to God through Jesus.”
- "My work is an extension of who I am, but it does not define me or give me value.”
- “I’ll give 110% of myself to work so people see the excellence of Jesus in me, but I will rest from work because it is not who I am.”
- “Who I am was secured for me at the cross when I came to Jesus as my Savior and Master.”



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- **Though we are free in Jesus, we are not free to indulge in anything we want to and call it Sabbath.**
- **Isaiah 58:11-13**
- **The purpose of rest is to enjoy God through all he has enabled for us to do and have in life.**
- **And to enjoy the freedom we have in Christ to not be mastered by our work.**



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- **You cannot expect to thrive and not rest.**
- **Why idol is exposed in you when you can't/won't rest?**
- **What does your observance of Sabbath rest tell you what you think about the Lord, yourself, religion and others who are in need?**
- **You cannot have Biblical rest unless you are part of a local church.**
- **We must be careful that we don't work for rest while at the same time rebelling against it.**



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Luke 6:6-11 NIV

On another Sabbath he went into the synagogue and was teaching, and a man was there whose right hand was shriveled. ⁷ The Pharisees and the teachers of the law were looking for a reason to accuse Jesus, so they watched him closely to see if he would heal on the Sabbath. ⁸ But Jesus knew what they were thinking and said to the man with the shriveled hand, “Get up and stand in front of everyone.” So he got up and stood there.

⁹ Then Jesus said to them, “I ask you, which is lawful on the Sabbath: to do good or to do evil, to save life or to destroy it?”



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Luke 6:6-11 NIV

10 He looked around at them all, and then said to the man, “Stretch out your hand.” He did so, and his hand was completely restored. **11** But the Pharisees and the teachers of the law were furious and began to discuss with one another what they might do to Jesus.



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- **How can these religious leaders be so indifferent to hurting people?**

- 1. They are cold and hard; their hearts are as shriveled as the man's arm.**

- 2. It's easier to clean up on the outside than it is to get dirty with people who are hurting.**

- 3. They had bad theology.**



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- **Great moment here for disciplers:**
- **Jesus gave the disciples room to spread their wings, to keep the spirit of the law.**
- **Jesus doesn't squash their early attempts at following him.**
- **Jesus teaches them the fullness of Scripture, not just the letter.**
- **Jesus teaches them about the heart of God for people in need.**
- **Jesus refocuses the conversation onto himself.**



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- **Sunday is important for our Sabbath rest bc it forces us to put our attention on Jesus, to remember that our acceptance and joy are found in him, and that he's sufficient to keep the world spinning without me!**
- **Sabbath rest is a blessing, not a burden.**
- **Do you care about helping hurting people?**
- **This man received true rest because he responded to Jesus' grace, words and commands.**
- **The only place for us to rest in Jesus!**



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