

# PARENT GUIDE

## FIGHT FEAR WEEK 2 *WORRY*

- **Discuss** the welcome question: **How would you trap a mouse?**

### Small Group Activity

#### You'll Need

- Finger traps. If you do not have finger traps string or rubber bands work great as well to tie fingers together (work with what you have on hand)
- Dangerous Trap activity supplement Sheet.

#### To Do

**Say:** When you make choices because you're afraid of what other people think, it's a dangerous trap! Let's see what happens when we let our fear of people keep us from doing what God wants us to do.

1. **Give each kid** in your group a finger trap or tie the index fingers together.
2. **Tell** your kids to put the trap on their index fingers.
3. **Read** off a "finger trap" activity from the Dangerous Trap activity supplement.
4. Kids try to do the action with their fingers in the traps.
5. **Tell** kids to take off their traps and try again.
6. **Repeat steps 2-5**, for all of the "finger trap" activities.
7. **Next**, read the "People Trap" scenarios. Ask kids:
  1. What's the right choice when this happens?
  2. How could this trap keep you from making the right choice?

#### Choose questions to ask during the activity.

1. **Why couldn't you do some of the activities with your fingers tied together?** *Answers will vary.*
2. **Talk about a time you felt like other people wanted you to do the wrong thing.** *Answers will vary.*

# Small Group Discussion

Say the point and Bible verse together.

**I live only for God.**

**Proverbs 29:25 NLT**

***Fearing people is a dangerous trap, but trusting the LORD means safety.***

1. **What can be a dangerous trap?** Fearing people

#### Choose a few review questions.

1. **How do you feel when other people want you to do the wrong thing?** Answer will vary.
2. **Think of a time you worried about what other people thought of you. Talk about it if you want to.** Answers will vary.
3. **What do you think people might do if you don't try to fit in with them?** Answers will vary.
4. **How is trusting God better than worrying about what people think?** God never changes, and He always wants the best for you. People change their minds and might not even want the best for you.

#### Choose an action step question.

1. **If people aren't kind to you because you're obeying God, what will you do?** Answers will vary.
2. **What is one thing you can do to obey God that you're worried people will make fun of you for?** Answers will vary.

#### Pray together.

1. **Ask** kids to share things they'd like to pray about.
2. **Pray** together over the prayer requests. Not sure what to pray? Pray this: God, please help us trust You instead of worrying about what other people think. In Jesus' name, amen.