

Sanctus Penitas Mission Trip 2013

PACKING LIST

- Bible and Pen
- Grubby clothes and close-toed shoes to work in for four days - Clothing must be modest for both guys and girls - no sports bras showing, no sides ripped out of t-shirts.
- Clothes to wear each evening
- Pajamas
- Water Bottle (Reusable)
- Sleeping bags/bedrolls OR Twin Sized bedding
- Pillow
- Beachwear - Ladies: No two pieces (may wear one with colored t-shirt over it) Guys - No speedos
- Clothes to wear on trip home
- All toiletries, shampoo, soap, DEODORANT, etc.
- Two Bath Towels
- Any medications needed - Must be checked in to TSF staff
- Snacks - Optional
- Basic First Aid Kit - Optional
- Sunscreen - Especially if you are like Pastor Matt and cook like a lobster after only 10 minutes of exposure to the sun
- Bug spray - Optional